

Class of 2027

Admissions

~ Admissions for International Students ~

Department of Physical Therapy

Department of Occupational Therapy



H.M.A. Nursing and Rehabilitation Academy

Admission Quota for International Students

Department Name	Duration of study	Capacity
Department of Physical Therapy	3 years	A limited number
Department of Occupational Therapy	3 years	A limited number

Application Requirements

Applicants must meet all of the following requirements:

1. Individuals of foreign nationality who have completed 12 years of regular school education in a country other than Japan, or who are expected to complete such education by March 2027 (excluding those of foreign nationality who have graduated from a high school in Japan), or who have completed a course designated by the Minister of Education, Culture, Sports, Science and Technology
2. Individuals who hold, or are expected to hold, status of residence "Student" that does not preclude admission to this college

*If your status of residence is not "Student," you will need to apply to change your status after being admitted.

Admissions Procedure

- Document Review (Application Form, Certificate of Graduation or Expected Graduation, Transcript)
- Interview (in Japanese)
- Japanese Language Test

2027 Admissions Schedule

— Applicants who hold a Residence Card and are applying from within Japan —

Application Period (Deadline)	Thursday, October 1, 2026 – Wednesday, November 11, 2026
Exam Date	To be held from Saturday, October 24, 2026, to Saturday, November 21, 2026
Date of Notification of Results	Notification by mail within 10 days of the admission decision date

— Applicants from overseas —

Application Period (Deadline)	Tuesday, September 1, 2026 – Wednesday, October 14, 2026
Exam Date	To be held from Thursday, October 1, 2026, to Saturday, October 24, 2026
Date of Notification of Results	You will be notified by email within 7 days of the admission screening date (documentation will be provided at a later date)

*Applicants from overseas must complete entry procedures for the examination and apply for a Certificate of Eligibility (COE) after being admitted. Additionally, the required documents vary depending on the applicant's nationality and individual circumstances (such as financial support and educational background), and preparation may take several months. Therefore, please begin the application process well in advance to ensure you can submit all necessary documents within the application period.

If you have any questions or concerns regarding the application process, please contact the Admissions Office (e-mail: reha-info@hma-ns-reha.ac.jp). Please note that inquiries must be submitted by the applicant personally and written in Japanese. (We are unable to respond in your native language.)

Exam-Day Schedule

Admissions for International Students	
8 : 20~ 8 : 50	Reception
9 : 00~10 : 00	Japanese Language Test
10 : 20~	Interview (in Japanese)

•If you arrive after the registration deadline, you may not be able to take the exam.

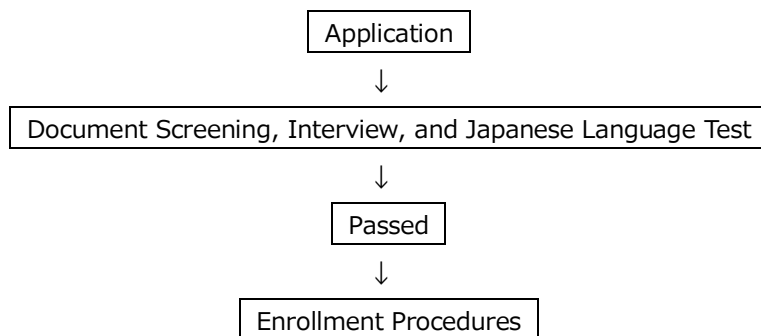
Applying to Multiple Departments

Applicants to the Department of Physical Therapy may also apply to the Department of Occupational Therapy. Applicants to the Department of Occupational Therapy may also apply to the Department of Physical Therapy.

*If you wish to apply to both programs, please indicate your second choice on the application form.

The Application Process

— Applicants who hold a Residence Card and are applying from within Japan —



— Applicants from overseas —

There are certain procedures you must complete before applying, such as immigration formalities for the purpose of taking the entrance exam. If you have any questions or concerns regarding these procedures, please contact the Admissions Office (e-mail: reha-info@hma-ns-reha.ac.jp).

Notification of Results

- We will notify you by mail within 10 days of the admission screening date.
- *For applicants taking the exam from overseas, we will notify you by email within 7 days of the admission screening date. Documents such as the admission decision letter will be sent via EMS at a later date (delivery takes approximately 4 to 15 days, depending on the country or region).
- Please note that we cannot respond to any inquiries regarding admission decisions by phone due to privacy regulations.

Enrollment Procedures

- Documents regarding the enrollment process will be enclosed with your notification of selection results. Please pay the enrollment fee and submit the required documents, including the pledge form, by the deadline specified in the materials.
- If enrollment procedures are not completed by the specified deadline, we will consider this a withdrawal of your intention to enroll and may cancel your admission.
- If you wish to withdraw your admission for any reason, please submit a “Notice of Withdrawal” by March 31, 2027. Please request the form from the Academy. If you withdraw your admission, we will refund all fees except the admission fee.

Application Fee

Admission Application Fee
20,000 yen

*Please pay the application fee within the application period. (Application period: p. 2)

*Application fees are non-refundable once paid.

*Applicants from overseas should contact the Admissions Office (e-mail: reha-info@hma-ns-reha.ac.jp) for details regarding the designated bank account. Please note that the application fee must be paid in Japanese yen (JPY). All remittance fees and intermediary bank charges are the responsibility of the applicant. Payment is considered complete only when the amount received in the designated account matches the application fee. Additionally, after making the payment, please email a proof of remittance (a bank-issued receipt) to the Admissions Office.

Enrollment Fee

Enrollment Fee
200,000 yen

Tuition

	Years 1~3	
	First semester	Second semester
Tuition	575,000 yen	575,000 yen
Facility and Equipment Expenses	150,000 yen	150,000 yen
Total	725,000 yen	725,000 yen

*The deadlines for tuition payment are Friday, April 9, 2027, for the first semester, and Friday, October 8, 2027, for the second semester.

Miscellaneous fees

In addition to tuition, the following fees are required.

Item	First Year	Second year	Third year
Accident Insurance	4,500 yen	4,500 yen	4,500 yen
Clinical Lab Coats (2 short lab coats, 1 long lab coat)	30,000 yen		
Textbook Fees	85,000 yen	110,000 yen	55,000 yen
Health Checkup (including flu vaccination)	16,500 yen	16,500 yen	16,500 yen
Alumni Association Lifetime Membership Fee			5,000 yen
Other Miscellaneous Expenses	16,000 yen	41,000 yen	47,000 yen
Total	152,000 yen	172,000 yen	119,000 yen

*The “Other Expenses” for the second year include travel expenses for anatomy laboratory sessions to be held at the Faculty of Medicine, Hirosaki University (tentative).

*The “Textbook Costs” for the third year cover the purchase of mock national exam tests and reference materials for the national exam.

*The “Other Expenses” for the third year include stamp fees for the national exam and travel expenses for taking the national exam.

*Amounts are subject to change due to various circumstances.

[Additional Costs]

•Vaccinations (required for practical training): Please follow the instructions provided by the training facility.

•Computer expenses

Our school uses digital textbooks, and students use computers daily for both classes and practical training.

Please purchase a laptop (approximately 14 inches) with the following specifications before enrollment:

1) OS: Windows 11 or later (Mac and Chromebooks are not permitted)

2) Wi-Fi capable

3) CPU: 8th generation Intel Core i5 or higher

4) Memory: 8GB or more

5) USB Type-A and Type-C ports *Please prepare a separate adapter for external displays as needed

6) A PC with Microsoft Office (Excel, Word, PowerPoint) installed

(We recommend purchasing a card with a serial code for “Microsoft Office Home & Business 2024 (perpetual license).” We do not recommend “Microsoft 365 (subscription model)” because its contract period is limited.

Additionally, free versions of Office, such as “Word for the web,” are prohibited.)

* We recommend a 2-in-1 device with a digital pen or a touchscreen PC (as there are many assignments in the lectures that require writing in digital notebooks).

* Tablets (such as iPads) cannot be used in place of the PC described above.

Clinical Training

- Clinical training is scheduled for each grade level, with different objectives set as students progress through the program.
- Students will learn the mindset and treatment techniques required of healthcare professionals from physical therapists and occupational therapists currently working in rehabilitation departments at hospitals and facilities that treat a wide range of illnesses and disabilities.

[Period]

Category	Term	Duration
Observation Practicum	1st Year, Second Semester (February)	1 week
Community Practicum	2nd Year, First Semester (September)	1 week
Evaluation Practicum	2nd Year, Second Semester (February–March)	3 weeks
Comprehensive Practicum I	3rd Year, First Semester (April–June)	9 weeks
Comprehensive Practicum II	3rd Year, Second Semester (July–September)	9weeks

The dates listed for each internship period are approximate and subject to change.

[Practicum Locations]

The southern Hokkaido region, including the Oshima and Hiyama districts, with a focus on Hakodate City
 The suburbs of Muroran, Otaru, Takikawa, Asahikawa, Kushiro, and Sapporo
 Outside Hokkaido (Aomori, Iwate, Akita, Miyagi, etc.)

【Practicum Subsidy】

If commuting from home to a distant hospital or facility is difficult,

a subsidy of 2,000 yen per night will be provided.

*Transportation and other accommodation expenses are the student's responsibility.

*Practicum-related expenses (facility usage fees, practicum stipends) are included in tuition.

With the cooperation of most hospitals and facilities in southern Hokkaido that offer rehabilitation services, we have registered them as clinical training sites.

However, due to the limited number of hospitals offering rehabilitation services and the limited scope of their services (*), as well as the workload of clinical instructors and the training schedules of other schools, it is difficult for all students to complete their clinical training within Hakodate City.

For this reason, and taking educational considerations into account, of the five clinical placements conducted over the three-year program, several (two to three) will take place at facilities located in distant areas, such as the Sapporo region or outside Hokkaido. Additionally, depending on the spread of COVID-19, students may be required to arrive at the placement site two weeks in advance to wait on-site.

During this period, faculty members will visit the placement sites frequently to provide direct advice and support regarding the clinical training.

We kindly ask for your understanding in this matter.

*Areas of practice : Physical disabilities, geriatrics, pediatrics, psychiatry (occupational therapy), etc.

As a general rule, you must have general experience in each of the above areas.

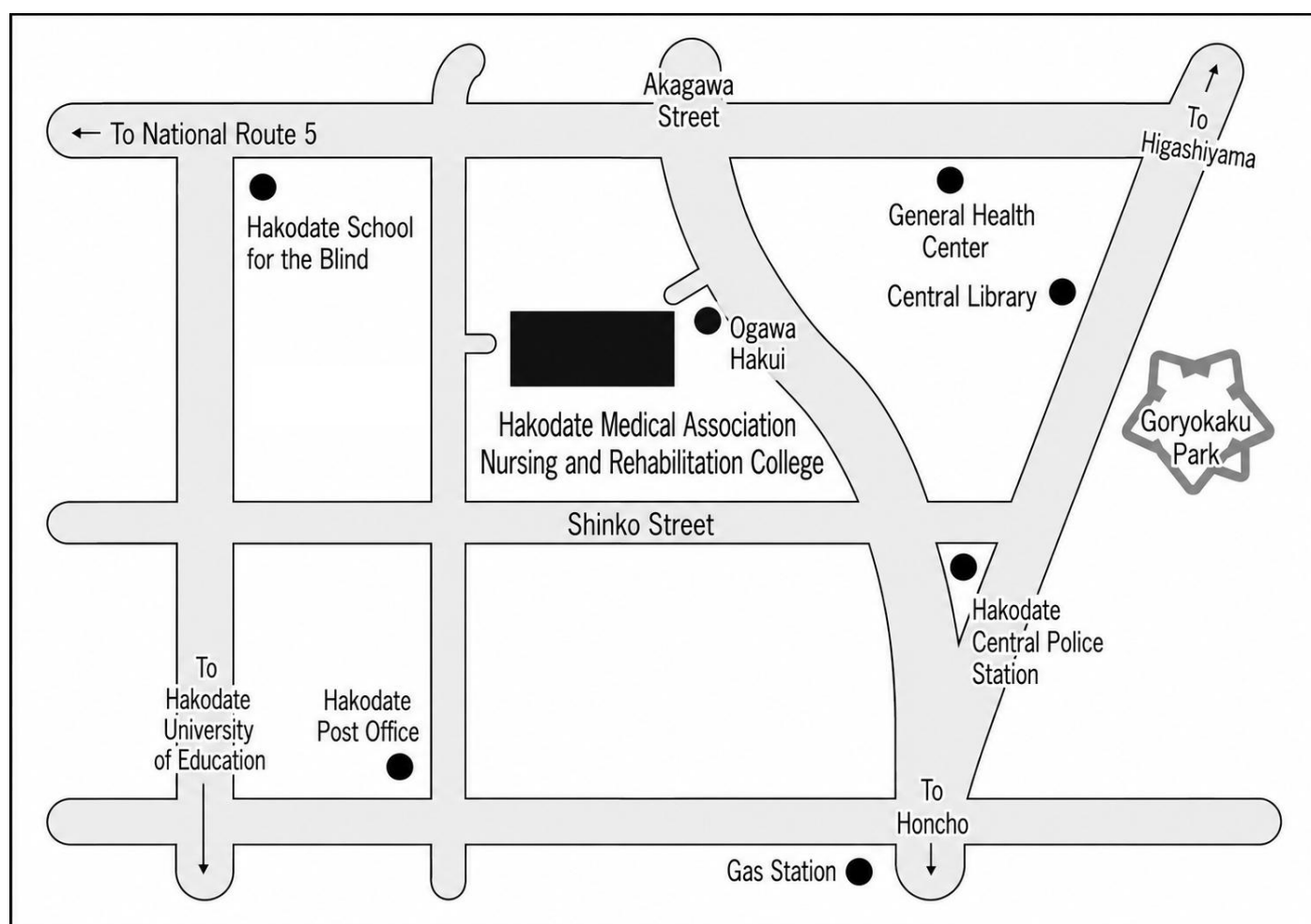
Test Center

Hakodate City Medical Association School of Nursing and Rehabilitation

Goryokaku Campus

5-16 Taya-cho, Hakodate-shi

TEL 0138-43-8282



Documents to be Submitted with the Application

Please refer to the list below when sending your application materials. Please note that you will need to check with your local post office regarding the postage required for the envelope used to send your application materials.

- Application Form (with photo attached)
- Certificate of Graduation (or expected graduation) from your most recent educational institution
- Transcript from your most recent educational institution (*)
- Entrance Examination Admission Ticket (with photo attached)
- Return envelope for the admission ticket (with 460 yen in postage)
- Envelope for the acceptance/rejection notification (with 502 yen in postage)
- Documentation proving Japanese language proficiency (multiple documents may be submitted; please consult us if you have documents other than those listed below)
 - Copy of the Examination Ticket for the Examination for Japanese University Admission for International Students (EJU)
(It is desirable that the combined score for “Reading Comprehension” and “Listening Comprehension/Listening and Reading Comprehension” in the Japanese language section be 200 points or higher)
- *The EJU must be from one of the following test dates: November 2024, June 2025, November 2025, or June 2026
- Copy of the Japanese Language Proficiency Test (JLPT) result notification
(Preferably at the N2 level or higher)
- Copy of Residence Card (only if the applicant is currently residing in Japan)
(International students residing in Japan must submit all pages showing their name, date of birth, photo, gender, nationality, status of residence, and period of stay)
- Copy of passport
(International students residing in Japan or overseas must submit the page containing their photo)

*Regarding Academic Transcripts

If you have ever been enrolled at a Japanese language education institution, please also submit an academic transcript or certificate of attendance from that institution. (Submission is required only for those who meet this criterion.)

[Important Notes on Completing Documents]

- Please fill out the form accurately in Japanese using a black ballpoint pen. (Do not use erasable pens.)
- Please write in standard Chinese characters (Kaisho), block letters, and use Arabic numerals.
- If you have any questions regarding the application documents, please contact the Admissions Office (e-mail: reha-info@hma-ns-reha.ac.jp).

Please note that it may take some time to respond, so please contact us as early as possible.

【Important Notes Regarding Certificates】

- In addition to the original documents, please submit Japanese translations of all supporting documents.
- Translated documents must be certified by one of the following organizations.
 - Please ensure that the translation clearly states the name of the person responsible for the translation and includes the name of the translation agency and its official seal.
 - Certified translation by a public institution
 - Translation by a translation company (with the company's official seal affixed)
 - Translation by the applicant's current school (including Japanese language education institutions)

[Important Notes for Applicants Sending Documents from Overseas]

- If sending documents from overseas, please use International Express Mail Service (EMS).
- Please contact the Admissions Office (e-mail: reha-info@hma-ns-reha.ac.jp) for information regarding the mailing address and other details.



H.M.A. Nursing and Rehabilitation Academy

Contact Information

Admissions Office

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JAPAN

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